

Dragon Boat On-Water Practices

Weekly at Rutabaga, 6:00 – 8:00 PM

(5:45pm if you can make it to uncover the boat, etc. so we can get on the water)

220 W. Broadway, Monona, WI

Every Wednesday beginning May 8, weather permitting.

Suggestions on what to bring:

- Water bottle
- Footwear that can get wet and stay on your feet (not flip-flops). Footwear is required 100% of the time.
- Quick dry pants or shorts (We wade into the water to get into the boat)
- Layers - if chilly or damp (fleece, raincoat, etc.)
- Strap to hold glasses if you wear them
- Ball cap to keep the sun out of your eyes
- Sunscreen
- Insect repellent
- Paddling gloves - some people prefer to wear, other not - personal choice

Not bad to have in your car - just in case!

- Towel
- Change of clothes
- Walking Shoes – in case a small group takes a walk, instead

Please leave all valuables in your car. Might want a baggie to hold car keys in PFD pocket.

TSM provides a life jacket and dragon boat paddle, but feel free to bring your own Coast Guard Approved PFD if you prefer.

Join Us After Practice

After practices, a group of us usually goes out for something to eat or drink at 8 pm. We hope you can join us, whether you paddle or not!

WEATHER

If the weather is iffy, please call Rutabaga's recorded Weather Line at about 4pm to see if practice will be held or not. (Suggestion - put this number in your phone!) We will paddle if there is light rain but will cancel for thunderstorms, heavy rain or strong winds.

Rutabaga Weather Line - 608-310-3868

NOTE: Please do not call the Rutabaga store for weather or practice information. The weather line or emails/texts from TSM are the ways we will communicate updates.

If we do not hold practice, we will meet at Red Robin in Monona at 6pm for food & social!

Thanks & see you on the water!!