

## **2019 Paddling Kick-off Meeting Recap**

We had a good turn-out for Wednesday's kick-off for the season's meeting. Below is a recap of what you missed.

### **Paddling Committee Roles**

Kirsten – coach. She is in charge of the boat, runs and develops practices.

Nancy – paddling committee chair, team manager

Teresa – logistics of registrations, bus, etc

Laurie G – Gear Gal, track and maintain paddling gear

Marcia, Irene, Mary Jo – Warm up/Cool down at practices

Irene, Ilene, Ellen, Mary Jo, Laurie G, Marcia – Paddling pals (paddling contacts for new paddlers)

### **Discussion of what it means to be on a team**

Below are some of the responses:

- Be reliable
- Be supportive
- There is no “I” in team
- Flexible
- ALL IN!
- Respect (for your coach and fellow teammates)
- Encouraging
- Group results are a collaborative effect
- Team on/off the water
- Community support
- Commitment to each other
- Accountability with others
- Helpful
- Be prepared
- Positive
- Present your 100%

### **Weekly Practices at Rutabaga (see separate sheet)**

This sheet covers what to bring, what's supplied, weather hotline.

### **What's New with Practices**

The dragon boating program is very popular and at times we have more paddlers at practice than there are seats in the boat. It has been disruptive from a logistical point of view to go out and then return to swap out paddlers. This season we'd like to try a rotation system with paddlers. New paddlers will not be rotated out as we'd like them to build their skills. We want to make it fair and not have the same folks bow out. We will go into more detail about this at practice. Rutabaga has also been generous offering their canoes as another paddling option for those paddlers that may not be paddling that evening in the dragon boat. On-land exercise sheets will also be available.

## **Paddling Clinic**

Curt Chiaverotti from the Racine Dragon Boat Club will be running a clinic for TSM paddlers. See separate sheet for registration information. The morning session will be geared towards inexperienced dragon boat paddlers. The afternoon session will be geared toward experienced paddlers wanting to get back in the groove. If there are addition seats in the morning session – experienced paddlers are welcome to paddle both or just the morning session.

## **Festivals**

We are registered for 3 festivals this summer. (see separate sheet for registration info)

June 22 - Big Blue Dragon Boat Festival (LaCrosse)

July 20 - Greater Green Bay Festival

August 16-18 - Minocqua Dragon Boat Festival

In order to paddle in the above festivals, you need to have attended at least 3 practices (the clinic counts) before the first festival you want to participate in. You will also need to commit to making the Wednesday practice before the festival.

New paddlers will have the option of attending one of the above festivals and have TSM cover the cost of the registration. Mark this on your registration form.

As a reminder, you do not need to paddle in order to participate in a festival. Come along and cheer on your team! A big part of a festival is the comradery. Minocqua will be an overnight festival. Hotel info is on the registration sheet.

We will also have a dragon boat fun paddle this summer for those that just want to be out in the boat.

## **SUP and Kayaking**

We are also working on setting up two dates to offer Stand Up Paddling and Kayaking for TSM members.

We are excited to be getting back on the water and look forward to another great season on the water. Your membership needs to be current to participate in the paddling program.

*Paddles Up!*